

Alfred James, MA, LMHC
Licensed Mental Health Counselor



Alfred James is a Licensed Mental Health Counselor and has been licensed for 15 years. Alfred is certified in Rational Emotive Behavior Therapy (REBT), a cognitive behavioral therapy which is used in the treatment of a variety of concerns. Alfred began his career working within the substance abuse field with adolescents, he then worked for many years in adolescent mental health and has worked with adolescent sex offenders for 20 years. Alfred has experience working with marriage and family issues, adults and adolescents, substance abuse and sex offenses.

Alfred is also a local pastor and has a goal to see people regain control of their lives in order that they may be healthy and whole and live out their God given talents and gifts. Alfred is also able to integrate biblical principles into the therapy session to help people gain spiritual stability to lives of wholeness.

In his free time, he enjoys reading, traveling, and cooking. Alfred has been married to his wife, Denita, for 30 years and they have four adult sons and one adult daughter and 6 grandchildren.

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Counseling Fees	Rate
Individual/Couples Counseling (60 minutes)	\$175.00
Family Counseling (60 minutes)	\$175.00
Pre-Marital Counseling	\$175.00

Other Services	Rate
Court Appearances/Expert Witness (per hour)	\$375.00*
Court Preparation (per hour)	\$250.00**
Workshops/In-services/Training	Negotiated in Advance
Presentations/Speaking Engagements	Negotiated in Advance

*Fees are paid in advance of court date. This rate includes travel.

**Fee includes preparing for court appearance, meetings and phone calls with attorneys. Billed in 15-minute increments.

Alfred James is an out-of-network provider for all insurance, and as such, full payment from the client is obtained at the time of service. It is advised before you schedule your appointment that you contact your insurance provider in advance to determine if you will receive any reimbursement of your out-of-pocket expenses for mental health. You will be provided with a Super Bill which will include your out-of-pocket expense, diagnosis code and service code, which will be necessary for reimbursement. The administrative assistant will happily assist with completing claim forms upon request, but you will be responsible for submitting your claim.